

HeadStart Middlesbrough Spring Term Update

NESTA FUNDING

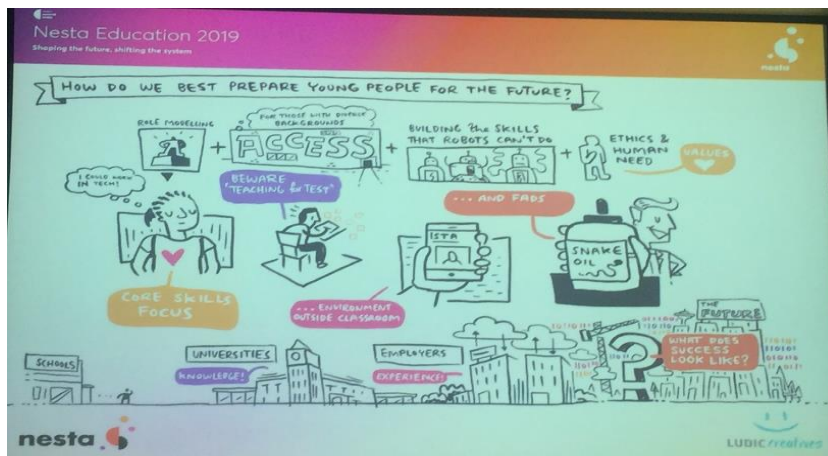
HeadStart were recently successful in a bid with Nesta.

£50k has been secured which will assist with embedding our HeadStart model across all Post 16 provisions in Middlesbrough.

This funding will allow us to deliver mental health related training to staff, develop resources and allow our HeadStarters Youth Engagement pathway to be extended to young people in Post 16 education.

HeadStart Programme Officer Andy attended the Nesta education conference in London and feedback from attendees was that our HeadStart bid was exciting, innovative and a really good example of collaboration across services, all with a common goal of improving resilience within young people.

For more information on Nesta, please visit <https://www.nesta.org.uk/>



SCHOOL GRANTS

HeadStarters

- There are currently **423** primary and secondary school students engaging with the HeadStarters Youth Engagement Pathway at either a Bronze Award or Silver Award across 23 schools.
- Having achieved the ASDAN accredited HeadStarters Bronze Award, the groups from **Ayresome Primary School, Green Lane Academy, Linthorpe Community Primary School and St. Clare's Catholic Primary School** have now begun working towards their HeadStarters **Silver** Award. This part of the HeadStart Youth Engagement Pathway focuses on upskilling young people to be capable of contributing to the emotional wellbeing of the wider community through community



Local schoolchildren have become the first in the country to be recognised for **PROMOTING POSITIVE MENTAL HEALTH** among their fellow students. The young people at Sunnyside Academy are now "going for gold" in their ambitions as a Headstart school having recently been accredited with silver standard. The Coulby Newham-based primary has been a Headstart school since 2017 and has a dedicated pastoral team to support positive mental health and wellbeing and works with therapeutic services such as Mind, Headstart, Link Footprints and Bungalow. In recognition of the school's achievement and its commitment to positive wellbeing the school were awarded £8,000 to design a new sensory room in the school that can be used to support vulnerable pupils.

- projects and raising awareness around mental health as HeadStart Community Reporters. HeadStarters from **Acklam Grange and Trinity Catholic College** are now eligible for their **Gold** Award, having worked on numerous community projects within their schools throughout the academic year including both schools groups introducing a “peer support” room within school at lunchtimes for those students who need to speak to a peer about their problems.

Mental Health News

<https://www.independent.co.uk/life-style/health-and-families/sophie-turner-depression-anxiety-game-of-thrones-season-8-mental-health-a8841401.html>

<https://www.gov.uk/government/news/government-creates-new-student-mental-health-taskforce>

<https://www.telegraph.co.uk/news/2019/03/26/one-ten-primary-school-boys-labelled-mental-disorder/>

<https://faroutmagazine.co.uk/aviciis-family-launch-mental-health-and-suicide-prevention-foundation/>

<https://www.gov.uk/government/news/all-pupils-will-be-taught-about-mental-and-physical-wellbeing>

<https://www.theguardian.com/education/2019/mar/05/levels-of-distress-and-illness-among-students-in-uk-alarmingly-high>

<https://www.bbc.co.uk/news/uk-scotland-47981269>

<https://www.theguardian.com/world/2019/mar/27/appy-day-fix-mental-health-phone-global-crisis-solutions>

School Grants

5 HeadStart School Sustainability Grants have now been processed and awarded to Ayresome Primary School, Newport Primary School, North Ormesby Primary Academy, Sunnyside Academy and Trinity Catholic College for their work on implementing the HS School Quality Standard. Ayresome, North Ormesby and Trinity are using their sustainability grant to create outdoor nurture spaces within school to give students a safe space to go to. Newport are putting part of their grant towards PAT training for their school support dog Elsie and Sunnyside have used their grant to create a sensory room within school to help support their visual and hearing impaired and SEND students.

