

Introduction S What we are going to cover

#1 -Up to 5 mins

During HeadStart Community Reporters you are going to learn about:



What is a HeadStart Community Reporter?

RAPA ADARAA

What words do you associate with the following words? Write your ideas on a flipchart or share with the group.

What words do you associate with the word **HeadStart**

What words do you associate with the word

What words do you associate with the word



RESOURCES

You choose - Tablets / iPads Flipchart / pens Post-it notes etc



#2 Up to 15 mins

Now as a group form a sentence around... What do you think a HEADSTART COMMUNITY REPORTER is?



Headstart Community Reporters is...

Playing an active role in the process of

COLLECTING, REPORTING, ANALYSING & SHARING INFORMATION TO PROMOTE EMOTIONAL WELLBEING AND RESILIENCE.

It will give you the techniques and tools to lead your own community reporter projects.



#3 Up to 5 mins



There's lots of roles within reporting. Before we go through them...

WHAT ROLES WITHIN REPORTING CAN YOU THINK OF? HOW MANY CAN YOU THINK OF AS A GROUP?

Discuss in small groups what you think this might be. Use a resource of your choice, then feed back to the group.

RESOURCES

You choose - Tablets / iPads Flipchart / pens Post-it notes etc



-Up to 20 mins

#4





The roles within reporting can be split into the following categories.



Sharing information



Discuss what these roles are and think about which ones may suit you and your peers best



Identify your group roles



How do you as a group decide who takes what role? Identify your strengths in the group. Assign the roles within your groups.

NEWSREEL ACTIVITY

- As a group, produce a short news presentation on your chosen topic.
- Assign different roles to each person in the group, so think about what roles you need and who best suits each role.

RESOURCES

You choose -Tablets / iPads Flipchart / pens Post-it notes etc

#6 Up to 45 mins



Digital story-telling

What are the methods to telling a story online with images or video? SOCIAL MEDIA • #HASHTAGS • BLOGGING • YOUTUBE

Discuss and expand on each method with the group. What other methods can you think of?

Task - compare the post...

In pairs, research each of the methods above, and discuss the differences between them.

E.g. this could be the length of a social media post, the use of hashtags etc.

Use tablets or iPads to research the methods and write answers in pairs. Discuss the findings with the whole group, and using a flipchart note the group's findings.

RESOURCES

Tablets / iPads Flipchart / pens

-Up to 20 mins

#7





Look at the social media statistics on the following pages and discuss with the group...

How valuable can social media be when reporting a story?





#9 -Up to 90 mins (total)



Facebook statistics (2018)

- 2.23 billion monthly active users
- 1.47 billion daily active users
- Five new profiles are created every second
- Average time spent per Facebook visit is 20 minutes
- Appprox £50billion advertising revenue in last 12 months









Instagram statistics (2018)

- 1 billion monthly active users
- 500 million daily active users
- 73% of young people who are internet users have used Instagram
- Over 40 billion photos shared





#11 -Up to 90 mins (total)

Twitter statistics (2018)

- 330 million monthly active users
- 100 million daily active users
- 500 million tweets are sent every day!
- Appprox \$545 million advertising revenue in last 12 months





NOW IT'S YOUR TURN!

Make your own Facebook, Twitter or Instagram post relating to promoting emotional wellbeing.



RESOURCES

Tablets / iPads





Before social media and smart-phones, traditional media would include video (and TV), radio and the internet.

Skills required to tell a story using traditional media include:

- Making / editing / uploading images (this could be photography or graphics / drawings / illustrations
- Recording / editing / uploading audio
- Recording / editing / uploading video
- 'Copywriting' (writing text / a script)



#13 Up to 10 mins

Internet safety

#**14** -Up to 1 hour (total)

Why is internet safety important when you're being a HeadStart Community Reporter?

- Discuss internet safety with the group.
- Complete the What App? Quiz and Thinkuknow website tasks with the group.

WHAT APP? QUIZ

Show the group the What App? Quiz resource and work through the questions as a group, discussing what each app is used for and the potential risks.



RESOURCES

Tablets / iPads What App? Quiz



Thinkuknow website

#**15** -Up to 1 hour (total)



Thinkuknow is an education programme that helps protect children both online and offline.

- Go to www.thinkuknow.co.uk and explore one of the 6 age-specific websites for advice about staying safe when you're on a phone, tablet or computer.
- Create an Internet Safety Top 5 list using the My Top 5 resource.
- Discuss your findings with the group

Internet safety

RESOURCES Tablets / iPads My Top 5 sheet

Speak THINK



#16 Up to 90 mins (total)

What is peer education?

Ask your peers to do some research about peer education. Once they have done this, as a group form a sentence which would help explain peer education to somebody else.

"Peer education is..."

For help with this, check the peer education statement at the beginning of the 'Is & Isn't' cards resource.

IS & ISN'T CARD GAME

In small groups, divide the cards into sets of what you think is peer education and what isn't.

Compare each groups' results - are they the same or different? Discuss the reasons why you have chosen 'Is' or 'Isn't for each card.

RESOURCES

Tablets / iPads Pens & paper 'Is & Isn't' cards



Understanding different learning styles

#**17** Up to 90 mins (total)

Get your peers to complete the Different People, Different Needs Quiz. Once they have acknowledged their own learning style, get them to understand

THE IMPORTANCE OF EVERYONE BEING DIFFERENT

Peer education 🚽



- so when delivering anything to an individual or group you take into account that everyone learns and takes information in different ways, so

DELIVER YOUR SESSIONS IN DIFFERENT WAYS ASWELL.

RESOURCES

Different People, Different Needs Quiz sheet



Peer education $\stackrel{\scriptstyle <}{\stackrel{\scriptstyle <}{}}$ Positives and negatives

#18 -Up to 90 mins (total) ¹

What are the positives and negatives of peer education?

Work together in small groups to research your answers.

Make sure you give reasons for your answers.

Discuss everyone's answers with the whole group and write all the positives and negatives on a large sheet of paper.

RESOURCES

You choose - Tablets / iPads Flipchart / pens etc







Before you start your project, reflect on what you have learnt about mental health issues for children and young people. Think about the following questions:

What difficult circumstances do children and young people face on a day to day basis?

What are the common mental health problems for children and young people?

What knowledge and skills do children and young people need to help them cope with periods of poor emotional mental health?



Pre-project planning 2



5 WAYS OF WELLBEING

Remember to include the 5 Ways of Wellbeing into your project. Display or print the 5 Ways of Wellbeing resource to discuss with your peers.

INTERVIEW TOP TIPS

How can you interview like a reporter? Discuss this as a group and then go through the Interview Top Tips resource. Remember to embed these tips when reporting for your project.

RESOURCES

5 Ways of Wellbeing resource Interview Top Tips sheet



#20 Up to 1 hour



As a group discuss the use of a storyboard and talk about...

What is the use of a storyboard? What should you include? How should it look? Storyboard essentials

Use a resource of your choice to collect everyone's ideas. Print out the Storyboard template resource.

Now you're ready to split into your project-working groups of choice - it's time to plan and storyboard your projects!

STORYBOARD ESSENTIALS

- Timeline
- Length
- Characters
- Locations
- Method of storytelling
- Describe what is happening in the scene
- Script alongside each image

RESOURCES

You choose - Tablets / iPads • Flipchart / pens etc Storyboard template



#21 Up to 1 hour

Deliver your project!

#22 Up to 8 hours

NOW IT'S TIME FOR EACH GROUP TO PLAN AND DELIVER THEIR PROJECT AROUND THE THEME OF EMOTIONAL WELLBEING.

Each group needs to:

create storyboards

- write interview questions / scripts
- cast / produce / edit your project

Support your peers in the recording, editing and development of their project.

RESOURCES

You choose -Tablets / iPads Flipchart / pens etc Storyboard template Recording and editing equipment

