

POSITIVE VALUES

**Respect for yourself
and others**

Kindness

Healthy lifestyle

Responsibility

Honesty

Courage

Self-discipline

Service

Commitment to family

EXAMPLES OF GUIDING PRINCIPLES

I am worthy of respect and so are others

All people are worthy of being treated with
love and care, including me

Being healthy helps me be at my best

I am accountable for my decisions and actions

Telling the truth in respectful ways
builds trust in my relationships

I do what I know is the right thing to do,
even when I might be afraid

Delaying gratification and sticking to tasks
helps me reach my goals

I want to give back and help support others

My family supports me in so many ways
and I support them in return