HeadStart Middlesbrough

Bronze

Activity Plan

1.4 Mood

Objective	**Can I identify what moods are? Am I able to identify different types of moods and the methods we may use to identify them?**
Resources	**Mood Photos**
Key Language	**Mood, Temporary, Facial Expressions, Body Language, Interpretation.**
Introduction	**(20 mins)** **Introduce the concept of mood by discussing with the group what a mood actually is. Emphasise that moods are temporary feelings. Ask the group to make a note of all the types of mood they might experience. Ask each student to name a new mood and see how many the group can come up with before repeating one that has been mentioned previously.**
Main teaching	**(30 mins)** **Divide the mood photos into 3 sections (easy, medium, and difficult) by how obvious the moods come across at first glance. Ask students to answer the following questions for each photo; what mood is the person in, how can you tell, have you ever been in this mood before?** **Ask the group if they can identify why the photos were put into the specific category. Talk about facial expressions and body language being key factors in determining mood.**
Plenary	**(10 mins)** **Use the final image, where all key factors are removed, to consolidate learning. Discuss that sometimes to determine someone's mood/feelings, we would have to talk to that person.**
Assessment	**Consolidate learning by asking the group for things they've learned.**