

Positive Parents

Community Learning Course



This 2 to 20 hour course will cover:

- Positive communication within the family unit.
- Behavior management.
- Setting rules, boundaries and appropriate punishments.
- Rewarding good behavior.
- How not to feel alone and isolated on the parenting journey.

We're here to help, not to judge.

Contact us today for more information:

Tel: 01642 811400 Email: info@mcls.ac.uk Web: www.mcls.ac.uk



This course is funded by



This course is free for Tees Valley residents aged 19+

Middlesbrough
moving forward