

Teesside Directory of Bereavement Services

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Please see below the Directory of Bereavement Services for Teesside. This document includes service and support information regarding bereavement for Adults, children, young people, families, and professionals. This is presented in an alphabetical format showing both local and national services, including service descriptions, contact details and the groups the service supports such as adults, children and young people.

Please note that this document is a list of services that are available, and that Child Bereavement UK is not recommending any specific services which are included in this list.

Key: Family service = F Adults only = A Children = C Young people = YP
Tees service colour coded

A Child of Mine	UK Wide	F & A & C
<p>Tel. 01785 283434 hello@achildofmine.org.uk www.achildofmine.org.uk</p> <p>A Child of Mine is a registered charity supporting families across the Midlands and UK and working alongside healthcare professionals when a child has died. We educate on the needs and experiences of bereaved parents which helps to improve the care they give in the future. We are a small charity but work passionately to deliver services for families who have lost a child at any age or circumstance.</p> <p>Services: Groups, One to One, peer support, practical support, listening, phone helpline, Website articles and information, events and grants.</p>		
AAFDA (Advocacy After Fatal Domestic Abuse)	UK Wide	F & A & C
<p>Tel. 07768 386922 info@aafda.org.uk www.aafda.org.uk</p> <p>AAFDA is a national organisation helping families emotionally and practically after homicide (especially domestic homicide). Our expert caseworkers have suffered either homicide in their families or serious domestic abuse. We specialise in guiding and advocating in Domestic Homicide Reviews, Mental Health Reviews, Serious Case Reviews, Inquests and other inquiries.</p>		

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Services: Groups, One to One, peer support, practical support, listening, Website articles and information, advocacy.

Aching Arms **UK Wide** **A**

Tel. 07876504042 info@achingarms.co.uk www.achingarms.co.uk
 Aching Arms is a national charity that provides free comfort bears to bereaved parents to support their mental health and healing after the loss of a baby during pregnancy, birth or soon after.
 We work with midwives in EPU's, NICUs and labour wards to help bring comfort to bereaved parents by asking them to offer our comfort bears to those who have lost a baby. The bears we give are a gift from another family who has experienced the loss of a baby, so the parents receiving the bear know they are not alone.
 Services: Friendship support, Website articles and information.

Alice House Hospice- Hartlepool & East Durham **Local** **F & A & YP & C**

Alice House Bereavement Service: Tel: 01429 855550
enquiries@alicehousehospice.co.uk
 Alice House hospice Community Bereavement Service, offers bereavement counselling for adults and a bereavement service for children aged between 5 to 17 years. Adults can self-refer or be referred by a health care professional or agency. Access is available to all regardless of whether the family has a previous link with the hospice. Alice House offers a dedicated child friendly space, one to one counselling for children, time limited group work and information and resources.
 Offer Anticipatory Grief Counselling and/or support is available for adults, children and young people when a close family member is attending the Hospice prior to death. Our Sue Stephenson Project is available for children who have a close family member who is living with a chronic long term physical health issue.
 We also provide a monthly drop in/support group for bereaved parents who have experienced the death of an adult child, please contact us on 01429 855550 for more details.

Anna Freud National Centre for Children & Families **UK Wide** **F & A & C**

Tel. 020 7794 2313 info@annafreud.org www.annafreud.org
 The Anna Freud National Centre for Children and Families specialises in working with families who have experienced traumatic bereavement. Currently we are

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conducting an intervention pilot called the Child and Family Traumatic Stress Intervention (CFTSI) which may be suitable for bereaved children and their families.

Services: One to One and professional counselling.

ARC - Antenatal Results and Choices **UK Wide** **A**

Helpline: 0845 077 2290 or 0207 713 7486 via mobile <https://www.arc-uk.org/>
 ARC offers non-directive information and support to parents before, during and after antenatal screening; when they are told their baby has an anomaly; when they are making difficult decisions about continuing with or ending a pregnancy, and when they are coping with complex and painful issues after making a decision, including bereavement. Services: Helpline, ARC Forum, information and resources, offer training and events for professionals.

ASSIST Trauma care Across England **UK Wide** **F & A & C**

Tel. 01788 560800 info@assisttraumacare.org.uk
www.assisttraumacare.org.uk

Specialist evidence-based trauma therapy for individuals and families bereaved by homicide Services: One to One.

Baby Bereavement Support Group Hartlepool **Local & UK Wide** **A**

Tel. 01429 283095 Helpline:01429 231221 bbsghartlepool@yahoo.co.uk
 Facebook group

The aim of this group is to support and help bereaved parents. Offers support for bereaved families, one to one counselling, home visits, helpline, befriending service, monthly support group, information and resources.

Bereavement Advice Centre **UK Wide** **A**

Tel. 0800 634 9494

Bereavement Advice Centre is a free helpline and web-based information service provided by Co-op Legal Services. We give practical information and advice and signposting on the many issues and procedures that face us after the death of someone close. Service: Advice and guidance online and freephone helpline.

BEAD Project (Bereaved through Alcohol and Drugs)	UK Wide	A
<p>info@beadproject.org.uk www.beadproject.org.uk</p> <p>Our website is a source of information, support and hope for anyone whose loved one has died as a result of drug or alcohol use and includes advice on overcoming grief and practical aspects of a bereavement as well as personal accounts that show people they are not alone. Services: Website articles and information.</p>		
Bereaved Parent Support - Care for the Family	UK Wide	A
<p>www.careforthefamily.org.uk/family-life/bereavement-support/bereaved-parent-support Tel. 029 2081 0800 mail@cff.org.uk</p> <p>Resources, telephone befriending and events to help those who have lost a son or daughter of any age, in any circumstance. Providing support and encouragement through the grieving process.</p> <p>Services: One to One, peer support, friendship support, listening, phone helpline, Website articles and information, events and email support.</p>		
BPSON (Bereaved Parents Support Organisations Network)	UK Wide	A
<p>enquiries@bpson.org.uk www.bpson.org.uk</p> <p>We are a network of professional organisations providing a central networking hub as a point of contact and valuable resource for all organisations and individuals supporting parents who have experienced the death of either their baby, child, or adult child, whatever the cause of their death.</p> <p>Services: Practical support, Website articles, information and advocacy.</p>		
Brake Helpline - Brake	UK Wide	F & A & C
<p>Tel. 0808 8000 401 helpline@brake.org.uk www.brake.org.uk</p> <p>Brake's helpline is a quality accredited, freephone support service, providing information and advocacy, emotional support and a listening ear. Calls are confidential and there is no time limit to our support.</p> <p>The helpline provides support for UK residents in the following circumstances: bereaved or seriously injured in a crash, caring for someone bereaved or seriously injured in a crash: police officer, teacher or health worker, wanting advice about how to help people affected by a crash. We will provide support whether the crash was recent or a long time ago, and whether it occurred in this country or abroad.</p>		

Services: Practical support, listening, phone helpline, advocacy, and email support.

Butterwick Hospice – Stockton **Local** **F & A & YP & C**

Tel: 01642 607742
<https://www.butterwick.org.uk/ourhospices/family-support-services/>
 When you or a loved one has been diagnosed with a progressive illness, or there has been a bereavement, this can cause great stress for you and your family. Our Family Support Service is available for family members, carers and friends, as well as children and young people. It provides support and guidance for those coping with a life-limiting illness, anticipating the loss of a loved one and those who are bereaved.
 Our Family Support Team understands the emotional, practical and relationship challenges a terminal or life limiting illness can create for individuals and families. We have used our training, combined with many years of experience, to devise a range of services and groups to support your particular needs and circumstances during this difficult time, and moving forward.
 Services: Telephone Support, Counselling 1-1 for Adults, children and young people, and group support.

Cardiac risk in the young (CRY) **UK Wide** **A**

Tel. 01737 363222 www.cry@c-r-y.org.uk
 CRY has a dedicated bereavement support programme to support families after the tragedy of the sudden cardiac death of a young person aged 35 or under. CRY has a network of Bereavement Supporters who have themselves been affected by a young sudden cardiac death. They have completed a two-year British Association of Counselling (BAC) accredited course so that they can offer support, over the telephone, to others.
 Services: telephone support, counselling telephone support, resources, Bereavement support days, Facebook private support groups.

Child Bereavement UK **Local & UK Wide** **F & A & YP & C**

Helpline: 0800 02 888 40 support@childbereavementuk.org
www.childbereavementuk.org
 Child Bereavement UK supports families and educates professionals when a baby or child of any age dies or is dying, or when a child is facing bereavement. Every

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year we train over 7000 professionals, helping them to better understand and meet the needs of grieving families.
 Services: Helpline, guidance, and information online, Online bereavement support sessions 1-1, family sessions, telephone support, and online training.

Children of Jannah UK Wide A

Tel. 0161 480 5156 info@ChildrenofJannah.com
 The Children of Jannah Telephone Support & Information Line is staffed by specially trained bereavement support volunteers, who offer a listening ear and emotional support to bereaved Muslim parents.

Compassionate Friends Local & UK Wide A & F

0345 123 2304 helpline 0288 77 88 016 NI helpline | helpline@tcf.org.uk
 The Compassionate Friends (TCF) is a charitable organisation of bereaved parents, siblings and grandparents dedicated to the support and care of other similarly bereaved family members who have suffered the death of a child or children of any age and from any cause.
 We aim to help any individual or family affected by the death of a child, including unmarried partners, adoptive parents, step families, same sex couples and single parent families.
 Services: telephone support, online support through community forum and facebook group, support in local areas, online resources, Supportive events, Grief companions and holiday apartments.

Cruse Bereavement Care Local & UK Wide F & A & YP & C

www.crusenortheast.org.uk Darlington and Durham: 01325 288633
 Guisborough: 01287 610734 Middlesbrough: 01642 210284
teesvalley@cruse.org.uk
 Cruse Bereavement Care local services in the North East offer help and support to bereaved people, through a range of services including telephone and face-to-face support, groups, and support for children and young people.

Daddys Angels UK Wide A

Daddys Angels Facebook groups aim to provide a safe place for male family members to open up following the loss of a child or children.

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<p>Now also have a closed international group for Angel mums. Services: support online through social media.</p>		
Disaster Action	UK Wide	F & A & C
<p>admin@disasteraction.org.uk http://www.disasteraction.org.uk/ Disaster Action's website provides resources and information for the bereaved and survivors of major disasters that occur in the UK and overseas. If you have been affected by a disaster, you may find our series of free leaflets useful Services: Website articles and information.</p>		
Facing the Future	UK Wide	A
<p>info@facingthefuturegroups.org www.facingthefuturegroups.org Facing the Future has been developed by Samaritans & Cruse Bereavement Care to support those bereaved by suicide. Our support groups run weekly over six consecutive weeks, are 90 minutes per session, facilitated by two trained volunteers, available to anyone over 18, have maximum of eight participants, available free of charge. Services: Groups.</p>		
Forces Children's Trust	UK Wide	C
<p>Tel. 01737 361077 Denny.Wise@forceschildrenstrust.org www.forceschildrenstrust.org As a charity we are devoted to working together to help children in need whose father or mother has died, or has sustained life-changing injuries, whilst serving as a member of the British Armed Forces or Civilian Forces (i.e. Police, Fire and Ambulance Services). Services: Groups, professional counselling, listening, Website articles and information, events and holidays.</p>		
Grief Encounter	UK Wide	C
<p>contact@griefencounter.org.uk www.griefencounter.org.uk Helping children through bereavement. Services: One to One, professional counselling and phone helpline.</p>		

Hope Again - young people living again after loss	UK Wide	C & YP
<p>Tel. 0808 808 1677 helpline@cruse.org.uk www.hopeagain.org.uk Hope Again is Cruse Bereavement Care's website for young people. Services: Groups, One to One, Peer support, Phone helpline, Website articles and information.</p>		
If You Care Share Foundation	UK Wide	A & YP
<p>Tel. 0191 387 5661 email: share@ifucareshare.co.uk Offers support in preventing suicide and following a suicide. Provides emotional & practical support. Telephone support, online resources, training and memory wall.</p>		
Jewish Bereavement Counselling Service (JBCS)	UK Wide	F & A & C
<p>Tel. 0208 951 3881 enquiries@jbc.org.uk www.jbc.org.uk The Jewish Bereavement Counselling Service offers confidential counselling to individuals, couples, children and families in the Jewish Community who are experiencing loss. JBCS also provides bereavement support groups Services: Groups and counselling.</p>		
JOEL The Complete Package	UK Wide	A
<p>Tel. 07591740287 info@joeltcp.org www.joeltcp.org Support for families through pregnancy and parenting after baby loss Services: Groups, One to One, peer support, friendship support, practical support, listening, drop in, phone helpline, Website articles, information, events and Advocacy.</p>		
Kooth	UK Wide	YP
<p>https://www.kooth.com/ Kooth provides free, safe and anonymous online support for young people. Kooth offers support and counselling. Kooth has online tools such as Kooth Magazine, discussion boards and a Kooth Journal. on a variety of topics e.g anxiety, relationship and how to relax. Kooth chat and messenger option to chat with the Kooth Team.</p>		

Leo's Charity	Local	F & A & YP & C
<p>hello@leosneonatal.org Leo's provides care and support for families during preterm and traumatic labour. Provides support for families and professionals. Services: counselling (parents, siblings and professionals), support groups and peer support service, support around pregnancy.</p>		
Listening Ear	UK Wide	F & A & YP & C
<p>Tel. 0151 4886648 enquiries@listening-ear.co.uk www.listening-ear.co.uk Counselling Service. Services: Groups, one to one, peer support and listening.</p>		
Men's Getting together Group, GTG Yarm. Widowers groups	Local	A
<p>Tel. 01642 761269 https://www.stocktoninformationdirectory.org/kb5/stockton/directory/service.page?id=HVpy1JyoExs Informal support group for widowers meet on the second Monday of every month in the Keys in Yarm, 10:30am - 11:30am. We also meet every Friday 10:30am -11:30am in the Lotus Lounge in Yarm. This is an informal "get together" over a cup of coffee. Services: Outings, activities and friendship.</p>		
Mind	UK Wide and Local	A & YP & C
<p>http://www.middlesbroughandstocktonmind.org.uk/crisis-support.aspx MIDDLESBROUGH: 01642 257020 STOCKTON: 01642 796630 Middlesbrough and Stockton Mind is the leading local charity that provides confidential services for people experiencing emotional or mental health problems and their families. Services: offer supportive workshops to assist with improving well being, health, support with employment and advocacy.</p>		
Miscarriage Association	UK Wide	A
<p>Tel. 01924 200799 info@miscarriageassociation.org.uk www.miscarriageassociation.org.uk</p>		

<p>A UK-wide charity offering support and information on miscarriage, ectopic pregnancy and molar pregnancy. Services: Peer support, listening, phone helpline, Website articles and information.</p>		
Mummy's Star	UK Wide	F & A
<p>info@mummysstar.org Mummy's star Facebook page Charity dedicated to supporting women and their families affected by cancer during pregnancy or those who receive a cancer diagnosis within 12 months after giving birth. Support also available for those who have lost a partner within the first year following pregnancy. Services: Provides telephone support, practical support and guidance.</p>		
Muslim Bereavement Support Service	UK Wide	A
<p>Tel. 0203 468 7333 info@mbss.org.uk www.mbss.org.uk/ The Muslim Bereavement Support Service is a registered charity, founded in 2012. We are a non-profit organisation serving the Muslim community by supporting bereaved mothers who have lost a child at any stage. We also work with other organisations, the NHS and hospices in particular, to give a spiritual context to the bereavement support services they offer. Services: One to One and phone helpline.</p>		
National Bereavement Service	UK Wide	A
<p>https://thenbs.org/ Tel: 0800 024 6121 email: info@thenbs.org The National Bereavement Service (NBS) will source the help you need to deal with the practical elements of grief – whether that's finding a reliable funeral director or understanding more about the legal side of bereavement – and will provide emotional support to those who need extra comfort during this challenging time. We're here to help – whatever that may be.</p>		
National Maternity Support Foundation (NMSF) - Jake's Charity		UK Wide A
<p>info@jakescharity.org www.jakescharity.org Offer bereavement care to those who have suffered loss through stillbirth and neonatal deaths. Services: Website articles, information and events.</p>		

PAPYRUS Prevention of Young Suicide	UK Wide	F & A & YP
<p>https://papyrus-uk.org/ 0800 068 41 41 TEXT: 0778 620 9697 EMAIL: pat@papyrus-uk.org PAPYRUS is the national charity dedicated to the prevention of young suicide. Papyrus provide confidential support and advice to young people struggling with thoughts of suicide, and anyone worried about a young person through our helpline, HOPELINEUK. We engage communities and volunteers in suicide prevention projects and deliver training programmes to individuals and groups. This includes equipping local councils, healthcare professionals and school staff with suicide prevention skills. Information and guidance online on the prevention of suicide.</p>		
Parent Bereavement Counselling Service	Local	A
<p>Tel. 01642 624236 Website: www.nth.nhs.uk/.../bereavement University Hospital of North Tees has a full time counsellor working in obstetrics and Gynaecology department. Counselling is provided for women and their partners who have lost a baby during any stage of pregnancy or have lost a child from birth to 16 years of age. Counselling is also available for women in the antenatal and postnatal period. Services: Counselling.</p>		
Rainbow Trust	UK Wide	A
<p>North East Team (Sunderland) Tel: 0191 300 1601 Helpline: 01372 363438 We are the leading organisation providing emotional and practical support to families who have a child with a life threatening or terminal illness. Services: bereavement support face to face and over the phone.</p>		
Russ Devereux Headlight Project	Local	F & A & C
<p>https://www.headlightproject.org/ The Headlight Project was founded in memory of Russ Devereux, who died by Suicide. The Headlight Project has a particular focus on supporting individuals and families who have suffered a traumatic bereavement or Suicide. The project offers one to one counselling and various trauma and behaviour therapies for both adults and children. The Headlight Project is not a crisis service.</p>		

Sands - Stillbirth and Neonatal Death Charity	UK Wide	A
<p>Tel. 020 7436 7940 info@sands.org.uk www.sands.org.uk</p> <p>Sands is a UK charity that works across the country to support anyone affected by the death of a baby; improve the care bereaved parents receive from health care and other professionals; and reduce the number of babies who do die by funding research and working closely with other organisations to create a world where fewer babies die.</p> <p>We have a free national helpline offering bereavement support and information on the telephone and by email. We also offer support through a moderated forum, information booklets and over 100 local peer support groups.</p> <p>Services: Groups, Peer support, Listening, Phone helpline, Website articles and information and Events.</p>		
Samaritans	Local & UK Wide	A & YP & C
<p>Helpline 116 123, local branches in Teesside, 147, Borough Road Middlesbrough TS1 3AT and 13 Woodland Road Darlington DL3 7BJ. Email: jo@samaritans.org</p> <p>We offer a safe place for you to talk any time you like, in your own way – about whatever's getting to you. You don't have to be suicidal.</p> <p>Services: Free phone telephone support, face to face, support via email and letter, information and guidance available on the website.</p>		
SAMM Suicide After Murder or Manslaughter	UK Wide	F & A & C
<p>https://samm.org.uk/ Helpline: 0121 472 2912 Text 07342 888 570</p> <p>SAMM provides a wide range of peer support services to people bereaved by murder and manslaughter. There is no time limit on becoming a member. Our services are open to everyone regardless of how long ago they were bereaved</p> <p>We support close relatives as well as wider family members. Even if a loss has affected a bereaved friend, we will support them. As a national charity our support services cover England, Scotland, Wales and Northern Ireland.</p>		
Sue Ryder Online Community	UK Wide	F & A & C
<p>online.community@sueryder.org www.sueryder.org/community</p>		

Online forum where bereaved adults can exchange messages, share feelings and support each other. It's a free service, accessible 24/7 via computer, smart phone or tablet, and you can choose an anonymous screen name. Moderated by Sue Ryder to ensure a safe and supportive environment.
Services: Peer support, Website articles and information.

Survivors of Bereavement by Suicide (SOBS) UK Wide A

Tel. 0115 944 1117 sobs.admin@care4free.net www.uk-sobs.org.uk
We exist to meet the needs and break the isolation of those bereaved by the suicide of a close relative or friend. Many of those helping have themselves been bereaved by suicide.
Services: Groups, Peer support, Phone helpline, Website articles and information and Email support.

Still Parents Teesside Local A

'Still Parents Teesside' Facebook page Email: support@stillparentsteesside.org.uk
Support group for parents bereaved of a baby. Services: support group held monthly in Middlesbrough at the Acklam Green Centre.

Tamba - Twin and Multiple Birth Association Bereavement Support Group UK Wide A

Tel. 01252 332344 support-team@tamba.org.uk www.tamba.org.uk
The Tamba Bereavement Support Group (BSG) exists to support all parents and carers of multiples who have experienced loss whether it was during pregnancy, at birth or at any point afterwards. Tamba BSG offers parent to parent support via our befriending service and via our Facebook bereavement support group.
Services: Groups, Peer support, Friendship support, Listening, Phone helpline, Website articles and information.

Teesside Hospice Local A & YP & C

Tel. 01642 811060 <https://www.teessidehospice.org/>
Teesside hospice provides specialist post bereavement counselling, free for adults, young people and children over 7 dealing with traumatic grief and associated trauma. Our counsellors are qualified, experienced and waiting to hear from you.

The bereavement does not have to be linked to Teesside Hospice for people to access counselling. If you have been bereaved for longer than six months, then you can self-refer using this link. You will need to know your NHS number, there is a link on our site to help you with this.
<https://www.teessidehospice.org/bereavement-counselling> If you don't meet the criteria for free counselling right now there are links and signposts to other sources of help and support.

Tell Us Once Service **UK Wide** **A**

<https://www.gov.uk/after-a-death/organisations-you-need-to-contact-and-tell-us-once>

Tell Us Once is a service that lets you report a death to most government organisations in one go.

The Tell Us Once service is not available in Northern Ireland. Find out who to tell about a death in Northern Ireland.

The Child Death Helpline **UK Wide** **A**

Tel. 0800 282 986 or 0808 800 6019 Shelagh.Hatton@alderhey.nhs.uk
www.childdeathhelpline.org

A helpline for all those affected by the death of a child of any age, from pre-birth to adult, under any circumstances, however recent or long ago.

Services: Listening and Phone helpline.

The Coroners Court Support Service **Local & UK Wide** **A**

Tel.0300 111 2141 helpline@ccss.org.uk
www.coronerscourtsupportservice.org.uk info@ccsupport.org.uk

Local support available in Teesside, Middlesbrough and Hartlepool. Trained volunteers offer free, confidential, emotional support and practical help to bereaved families, witnesses and others attending an inquest at some Coroners Courts. Services: telephone support and information and guidance on the website.

The Loss Foundation Across England **UK Wide** **A**

Tel. 0300 200 4112 info@thelossfoundation.org www.thelossfoundation.org

The Loss Foundation is the only UK charity dedicated solely to providing bereavement support following the loss of a loved one to cancer, whether that be spouses, family members, friends or colleagues.
 We provide a variety of support events to help people at any point during their loss and create the opportunity for them to meet others who have experienced something similar. We also educate and empower others to support those who are grieving via our workshops and training.
 Services: Groups, Peer support, Friendship support, Listening, Drop in, Phone helpline, Website articles and information and events.

The Lullaby Trust Across England UK Wide A

Tel.0808 802 6868 support@lullabytrust.org.uk
<http://www.lullabytrust.org.uk/LThome>
 The Lullaby Trust provides support for anyone bereaved through the sudden and unexpected death of a baby or child.
 This support is for families, friends, carers and professionals.
 We have different ways of supporting you through this difficult time; we provide a range of services and can provide details of other organisations which might be helpful.
 The Lullaby Trust also promotes expert advice on safer baby sleep to help to reduce the risk of Sudden Infant Death Syndrome.
 Services: One to One, Peer support, Listening, Phone helpline, Website articles, information, and events.

The Mariposa Trust (Saying Goodbye) UK Wide A

office@sayinggoodbye.org www.sayinggoodbye.org
 Provider of free baby loss support and remembrance services across the UK and 1-1 support via online portal.
 Services: One to One, Peer support, Friendship support, Professional counselling, Website articles, information and events.

The Miscarriage Association UK Wide A

Tel. 01924 200795 info@miscarriageassociation.org.uk
www.miscarriageassociation.org.uk
 We provide a number of places online where you can get support and information, share your experiences, comfort others and hear from the Miscarriage Association.

Services: Phone helpline, Website articles and information.		
The Natural Death Centre	UK Wide	A
<p>Tel. 01962 712 690 http://www.naturaldeath.org.uk/</p> <p>If you are looking for help, support, advice or guidance planning a funeral, either for yourself or for someone close to you, the Natural Death Centre Charity is here for you. We are passionate about sharing knowledge, dispelling myths, and empowering everyone who wants to have the best experience possible when it comes to making arrangements for a funeral.</p> <p>Services: Guidance and advice online. Telephone support.</p>		
Together for Short Lives	UK Wide	F & A & C
<p>Tel. 0808 8088 100 info@togetherforshortlives.org.uk www.togetherforshortlives.org.uk</p> <p>Together for Short Lives are here to help families caring for a child with a condition that may shorten their life have as fulfilling lives as possible and the very best care at the end of life and in bereavement.</p> <p>Services: Peer support, helpline, Website articles and information, Holidays, Advocacy and Grants.</p>		
WAY - Widowed & Young	UK Wide	A
<p>enquiries@widowedandyoung.org.uk www.widowedandyoung.org.uk</p> <p>WAY - Widowed & Young is a national UK charity offering a peer-to-peer support network for young widowed men and women aged 50 and under.</p> <p>Services: Groups, One to One, Peer support, Friendship support, Practical support, Listening, Phone helpline, Website articles and information, Events, Holidays and Advocacy.</p>		
Winston's Wish	UK Wide	F & A & C
<p>Tel. 01242 515157 info@winstonswish.org.uk www.winstonswish.org.uk</p> <p>Winston's Wish helps children rebuild their lives after the death of a parent or sibling, enabling them to face the future with confidence and hope. We offer a range of practical support and guidance to children, families, professionals and anyone concerned about a bereaved child.</p>		

Services: Groups, One to One, Professional counselling, Listening, Drop in, Phone helpline, Website articles and information and events.

Yarm Association for the Widowed and Eaglescliffe Community Association
Local **A**

Contact person: Wilma Taylor 01642 861971
<https://www.stocktoninformationdirectory.org/kb5/stockton/directory/service.page?id=oZWfGoVawhc>
 The Yarm Association for the widows and people who live alone is a service aimed at widowed people and for fun, friendship and understanding.
 We meet the first Monday in the month at Yarm Methodist Church Hall from 2:00pm - 3:45pm.
 We also meet informally for coffee on the 2nd and 4th Wednesday at Sundaes Ice Cream parlour 10:00am - 11:30am.
 Services: Outings, activities and friendship.

Zoe's Place **Local** **F & A & C**

Tel: 01642 457985 info@zoes-place.org.uk
 Zoë's Place Trust is a registered Charity providing palliative, respite and end of life care to babies and Infants aged from birth to five years suffering from life-limiting or life-threatening conditions.
 Our other services are: Providing new referrals for a child who has died, until their funeral. Therapies, family support groups, professional counselling and a support group tailored to bereaved parents of children under 16 years old.

4Louis **UK Wide** **A**

Tel. 01914 154711 mail@4louis.co.uk
 4Louis is a UK charity that works across the country to support anyone affected by miscarriage, stillbirth and the death of a baby or child. We also work to improve the care bereaved families receive from health care and other professionals.
 Services: For parents and families: telephone support, by email, face to face, Group craft days, memory boxes for parents. For professionals: training and equipment e.g memory boxes.

*****END*****

Key: Family service = F Adults only = A Children = C Young people = YP
Tees service colour coded