

# Be Heard



## Do you want to Be Heard?

Safe spaces for young people

Are you aged 11-16?

Why not come to one of our Be Heard drop-ins?

Our youth workers know how challenging life can be. You can chat to them, meet new people and get involved in activities.

When can you drop in?

- Thornaby Family Hub  
Every Tuesday  
4pm-5:30pm, 11-13 year olds  
5:30pm-7pm, 14-16 year olds

